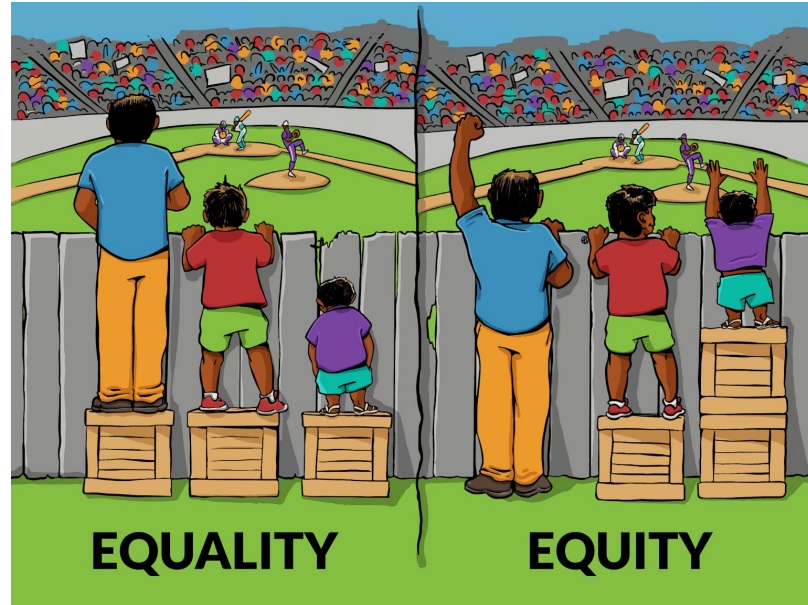


(RE)PRESENTING HEALTH EQUITY

Presented by: Kyli Rodriguez-Cayro and Angel Smith



OVERVIEW

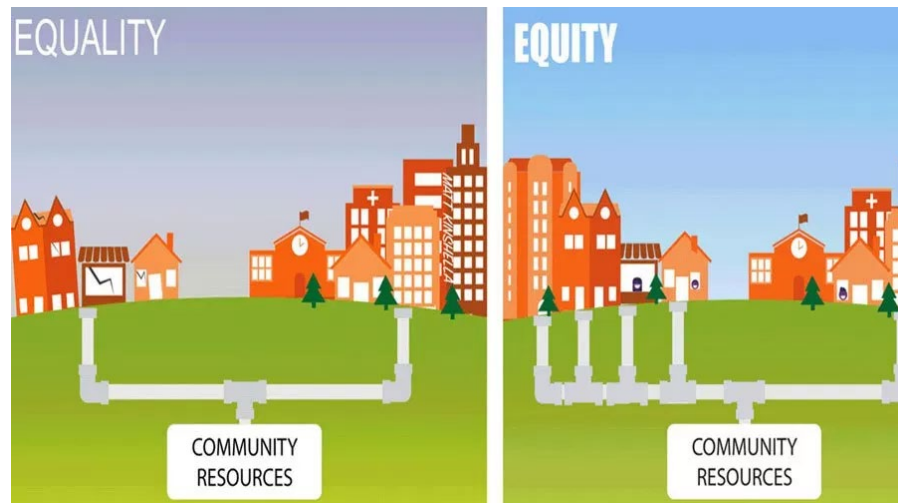
- Level setting
- Small Group Exercise
- Check-in & Reminders
- Closing

Definitions

Equity

When everyone, regardless of who they are or where they come from has the opportunity to thrive. This requires eliminating barriers like poverty and repairing injustices in systems such as education, health, criminal justice and transportation.

Source: Colorado Office of Health Equity



Definitions

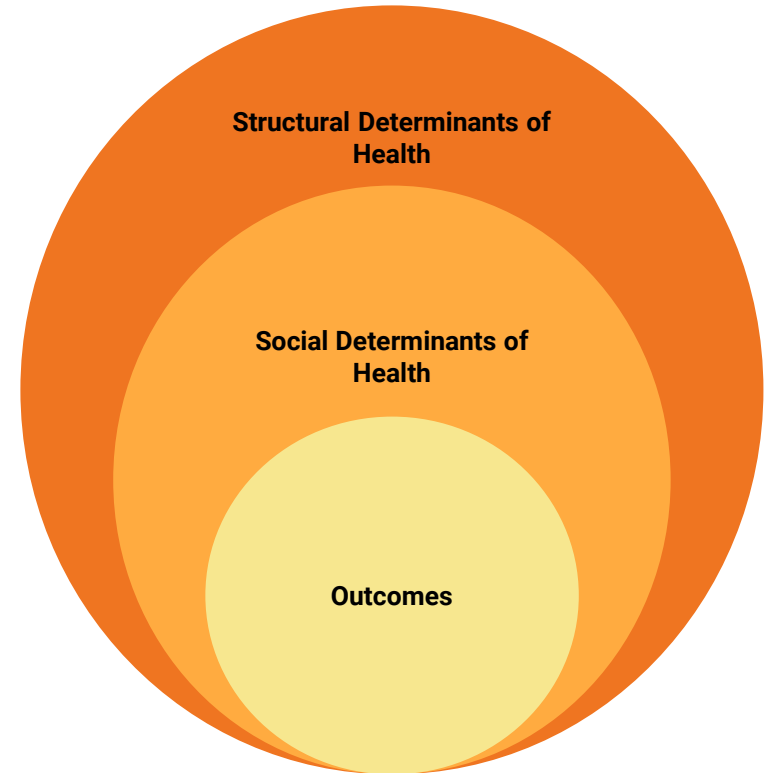
Oppression

The systematic mistreatment of the less powerful by the powerful, resulting in the targeting of certain groups within the society for less of its benefits Source: world-trust.org

- For example: A young person with special health care needs is unable to receive the services they need because a specialist is not available nearby.
 - A great support would be the use of telemedicine.

Source: <https://www.kenyaequityweek.org/news/equity-not-equality-counts/>

Definitions



Definitions

Diversity

Having people with varying identities “at the table”

Inclusion

Sense of belonging, which allows people to engage and contribute within an environment (the key to reaping the benefits of **diversity**). Source: Kira Banks, Forward Through Ferguson

Definitions

Culturally Competent Care

“Cultural competence is defined as the ability of providers and organizations to effectively deliver health care services that meet the social, cultural, and linguistic needs of patients.”

Culturally Affirming/Inclusive Care

“Emphasizing cultural similarities rather than differences builds bridges toward understanding human beings as persons. The wisdom gained by knowing these similarities and differences honors and affirms the value of these persons as human beings.”

Source: Georgetown University, Lippincott Nursing Center

Culturally inclusive therapy is when a person, family, or larger community can show up their full self, not leaving parts of who they are at the door. Culturally inclusive therapy honors and supports the inclusion of ancestral knowledge, traditions, stories, music, medicine, family lineage, community, relationship to all creation, and so much more. For us, culturally inclusive therapy is a true invitation to share openly, freely, and with appreciation of who someone is...Far too often, folks of color and any under-represented group are pathologized for simply being who they are.

— Monique Castro, Licensed Marriage and Family Therapist

Founder of Indigenous Circle of Wellness

What does it mean to **address equity?**

- **Removing** predictability that is currently associated with social or cultural factors
- **Creating** inclusive environments, interrupting inequitable practices and addressing biases
- **Nurturing** the strengths, interests and talents of all

“ Self care is:
creating a world you
don't have to routinely
escape from. ”

— smouldered, *Tumblr*

Spatial Justice

Spatial Justice

- An attempt to critically think about the relationship between space and social justice
- We can look at who gets to make decisions in any given space and who is impacted by those decisions OR how resources (including land and land access) is distributed

Decision Making

When we are looking at decision making processes we want to look at:

1. What are the decision making entities?
2. Who has access to those entities?
3. What ways can decisions be challenges if community is not in agreement?
4. What are these decisions (re)producing or upholding?

Resource Distribution

When we talk about distribution of resources in space we want to look at things like:

1. Who has a say in development and investment?
2. Who has access to land (and space/meeting space)?
3. What is being communicated about the space- thus also defining the inhabitants of that space (what is near the space)?
4. Is there food, child care, transportation, welcoming decor (as determined by community) present in the space?

Things To Consider About Spatial Justice

1. We must recognize that people have the ability to define space because the concept of space is constructed socially
2. Spatial justice attempts to piece together the relationship between identity, economy, social conditions and geography
3. Think about how decisions are made with (or without) youth in your organizations
4. What would it look like for resources to be distributed equitably with youth in your community?

If you are silent about
your pain, They will kill
you and say you enjoyed
it.

— Zora Neale Hurston

Putting This
Into Practice



Group Exercise

HOW DOES THIS YOUNG PERSON DESCRIBE WHAT IS IMPORTANT TO THEM? WHAT ARE THE THEMES MENTIONED?

IN WHAT WAYS ARE THE KEY THEMES THAT ARE REFLECTED IN THEIR POEM RELEVANT TO YOUR COMMUNITY OR WORK?

WHAT ARE THE SOLUTIONS THAT THEY ALLUDE TO? WHAT ARE SOLUTIONS YOU SEE?

Simply accommodating
people in systems that
were never designed for
their survival is
inherently inequitable

—Nashira Baril, Human Impact Partners, *Upstream*

Public Health Efforts Fall Short

QUESTIONS?

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