



# YOUTH-ADULT PARTNERSHIPS: OPPORTUNITIES FOR SUCCESSFUL CME COLLABORATION

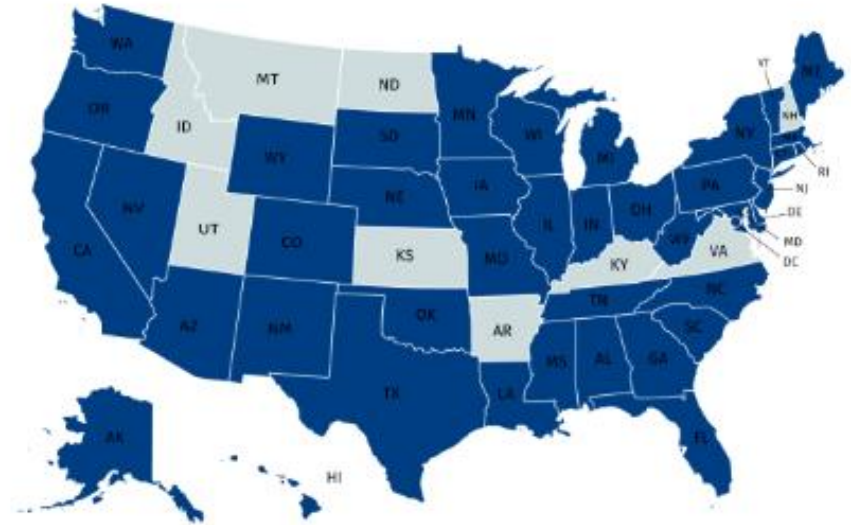
Lauren Ranalli, MPH

# ADOLESCENT HEALTH INITIATIVE



The Adolescent Health Initiative (AHI) provides training, technical assistance, and coaching to health care providers, health systems, and organizations across the country to improve adolescent-centered care.

Our vision is to transform the health care landscape to optimize adolescent and young adult health and well-being.



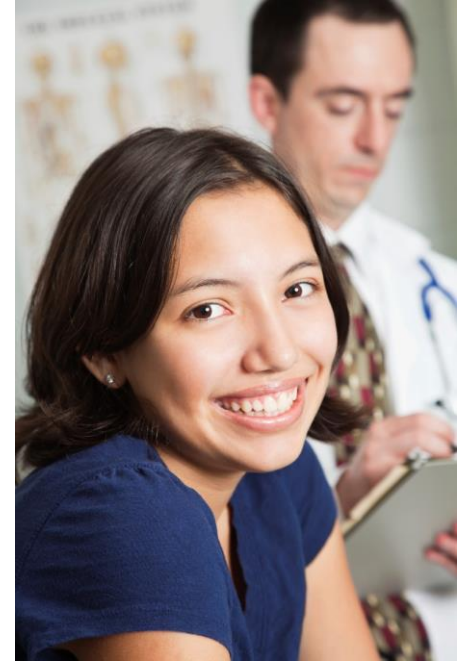
# OBJECTIVES

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- Explore current state of adolescent risk behavior
- Explore data on provider CME needs
- Share opportunities for youth-adult partnerships in adolescent-centered CME

# WHY ADOLESCENT HEALTH?



# WHAT ARE THE HEALTH ISSUES IMPACTING TEENS & YOUNG ADULTS?





# YOUTH RISK DATA



- Depression 32 %
- Suicidal Ideation 17 %
- Bullying 24 %
- Current Substance Use 37 %
- Currently Sexually Active 29 %
- Condom Use at Last Intercourse 54 %



# MENTAL HEALTH TRAINING



Training Request	Mean
Best practices for handling a positive depression screen	79
Short term management of depression/bridging care	77
Building resilience and identifying protective factors for adolescents	70
Creating an organizational plan for handling mental health crises	80

# BULLYING AND SUICIDE TRAINING



Training Request	Mean
Best practices for managing exposure to bullying	82
Resources on partnering with schools to manage exposure to bullying	79
Best practices for screening for suicidal ideation	74
Safety planning for youth with suicidal ideation	79



# SUBSTANCE USE TRAINING



Training Request	Mean
Best practices for screening for substance use	72
How to discern the difference between typical substance use experimentation and substance use disorder	75
Best practices for managing a positive screen for substance use disorder	80

# SEXUAL HEALTH TRAINING

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I am confident discussing sensitive subjects with adolescents, including sexual health

34%

I feel I need more training on minor consent laws in my state

77%



# KNOWLEDGE



A minor can consent to an IUD contraceptive device without a parent's consent.

63%

A minor can consent to HPV vaccines without a parent's consent.

60%

A 16 year old abusing alcohol can consent to substance abuse treatment without their parents consent

54%

A 14 year old can consent to depression medication without their parents' consent

34%



# SO WHAT DOES THIS MEAN FOR CME?





“Nothing  
About Us  
Without Us”



# STRATEGIES FOR PLANNING



- Connect with youth that are a good fit for your presentation.
- Select the best format for your presentation.
- Respect youth partners' expertise while providing guidance.



# STRATEGIES FOR PLANNING



- Make time to plan and practice.
- Prepare, prepare, prepare.
- Set aside time for reflection after every meeting and presentation.

# IMPACT OF YOUTH VOICE



“The best part of the conference was listening to the teens groups – the view and opinion from teens themselves was impactful.”

“The youth involvement is always what I treasure most.”

“I liked that many adolescents were involved and that they shared their opinions and ideas with us so that we can do a better job of helping them.”

# ADDITIONAL RESOURCES



- Starter Guide:  
Creating Successful Youth  
Partnerships in Presentations
- Webinar: Maximizing Youth  
Voice in Conference and  
Community Settings

[www.adolescenthealthinitiative.org](http://www.adolescenthealthinitiative.org)

## UPCOMING WEBINAR



***MAXIMIZING YOUTH VOICE IN  
CONFERENCE AND COMMUNITY SETTINGS***

**FRIDAY, SEPTEMBER 28 // 12:00–1:00 PM EST**

**FOR MORE INFORMATION,  
VISIT [ADOLESCENTHEALTHINITIATIVE.ORG/WEBINARS](http://adolescenthealthinitiative.org/webinars)**

 INSTITUTE FOR PATIENT- AND FAMILY-CENTERED CARE

**ADOLESCENT  
HEALTH INITIATIVE**



# THANK YOU!



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Adolescent Health Initiative



adolescenthealth@umich.edu

[www.AdolescentHealthInitiative.org](http://www.AdolescentHealthInitiative.org)