

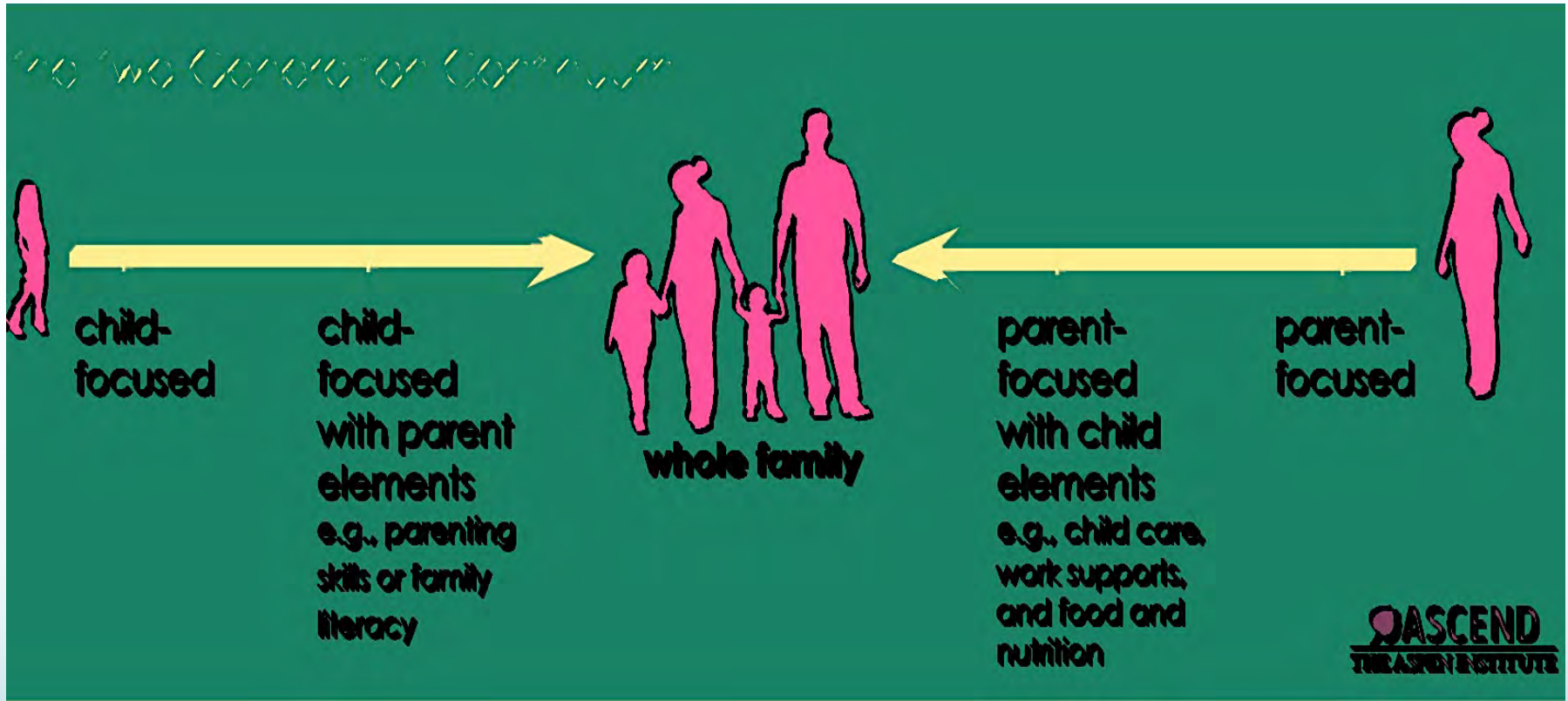
# HPOOG Roundtable: 2- gen Approach

Philadelphia  
March 29, 2016

# Why use a 2-generation perspective?

- Funding streams and programs address the needs of parents and children separately
- Workforce Programs often treat children as a barrier to connecting a mother to a job
- Child Care staff may be unaware of the efforts a parent is putting into training or employment
- 2-gen approach recognizes parents and kids succeed when they are both getting what they need

# The 2-gen continuum



# WHY TWO GENERATION APPROACHES MATTER For Children

- Poverty and stress have an impact on the developing brains of very young children
- Lasting impacts on achievement in school and work, physical and mental health and social behavior
- Children who grow up persistently poor are more likely to be poor as young adults

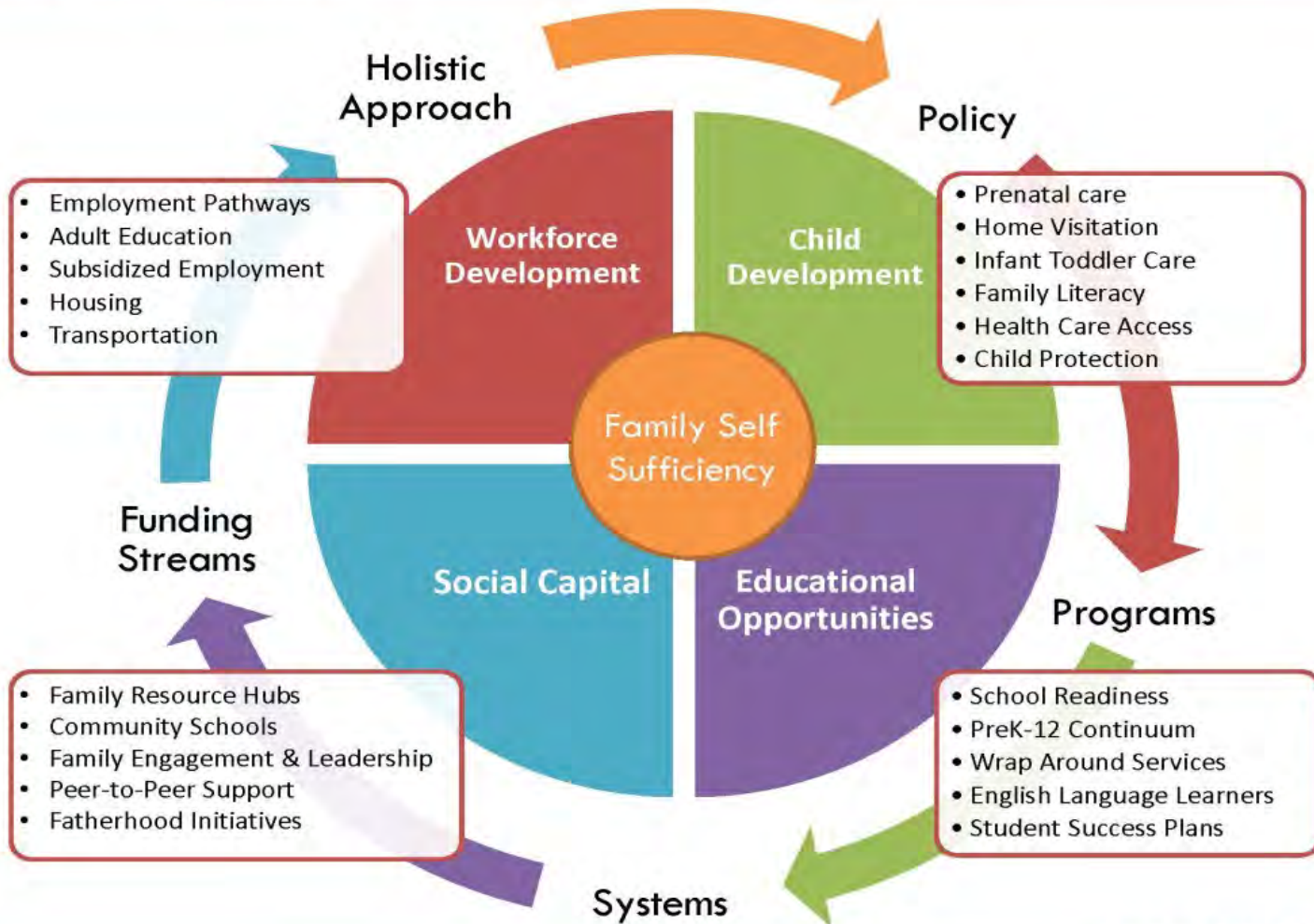
# 2-gen strategies are not new but there is a new momentum

- State governments are supporting policies and programs
- Federal government is supporting 2-gen strategies in a national rural initiative
- Bipartisan congressional efforts to support 2-gen demon
- National Foundations such as the Kellogg Foundation and Annie E. Casey Foundation are supporting programs
- Others are putting together national learning groups and coaches that can support programs around the country

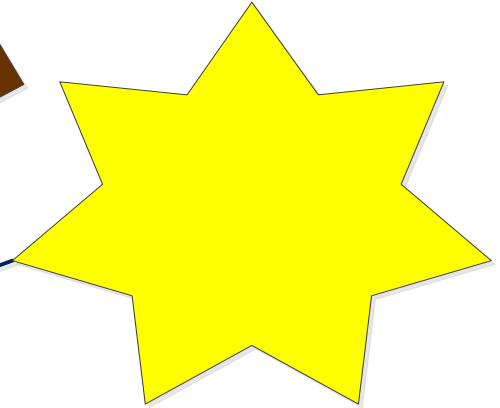
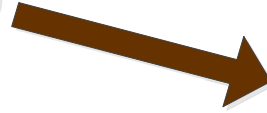
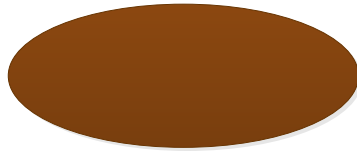
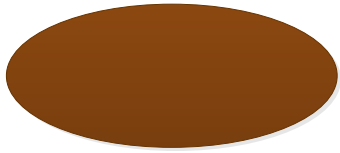


# CT takes a statewide systems approach

## Two Gen Strategy



# 2-Gen Partners in St. Louis



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# Whether at systems or program level, the 2-gen approach brings partners together





# Looking at your HPOG Program with a 2-gen perspective

- Remember that most HPOG participants are parents
- Understand that ongoing stress in a family is harmful to both children and parents and interferes with achievement for both
- Parents are role models to their children and can be a motivating factor in their own participation and achievement
- Clients are more likely to persist within training and employment if their children are also doing well



# What can you do?

- Build awareness and engage stakeholders
- Make connections to local and state resources (health, mental health, family support programs)
- Identify high quality and flexible childcare to enable parents to participate fully in HPOG (Head Start, school-based pre-k)
- Integrate a few parent and child activities into existing program— stress reduction (mindfulness), shared reading, parenting tips
- Support social networks (cohorts, leadership opportunities, family mentors)



# Example: Build awareness and educate stakeholders

- Staff training on 2-generation perspective
- Review assessments and procedures to examine child related language
- Educate organization executive leadership, Board members and partners
- Bring staff together with early care and education and family support staff as a way to understand “family” perspective

# Example: Connecting to state resources -- PA

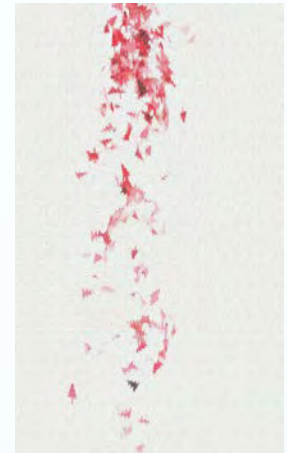
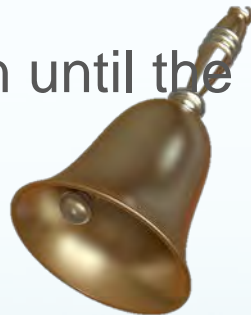
- State support for child care subsidies
  - PA Child Care Association – information & advocacy
  - Child Care Works -- subsidies
- The Office of Child Development and Early Learning (OCDEL) for info on family support programs
- Use “Keystone STARS” to provide a tool to gauge the quality of early learning programs
- State 529 program (children with savings in their own names more likely to go to college)



# Example: Mindfulness for Families

Teach client a few simple mindfulness strategies they can use with their children and for themselves

- Use a glitter wand: Shake it up and then just watch it fall
- Ring a bell: Listen until the sound fades completely away.
- Older children and their parents can pay attention to their breath



# Example: CAP Tulsa's Teachable Moments Tips

- Sensory Learning! Babies learn by using their senses! There are many ways that you can help your baby learn and develop their thinking skills by providing sensory rich experiences at home.
- Get Moving! It is important to start healthy habits early and to encourage physical activity daily. One of the easiest ways to keep your little one active is by making play time, active time! Limit screen time at home and encourage games and activities that you can engage in with your toddler...



<http://captulsa.org/teachable-moments/>

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# Table Discussion (10 minutes)

## STEP ONE:

Individually reflect on the following questions (use index cards)

- What is new?
- What is exciting?
- What might be challenging?

## STEP TWO:

Discuss as a group



## Team Assessment Directions (15 minutes)

As a team, complete the assessment matrix on what your partnership collects about children and families.

- For items that you do collect, how do you use the information?
- For items that you do not currently collect, discuss whether it might be helpful and how you could collect it.

# Team Design Directions

- On flipchart paper, make any adjustments to the sample program flow or draw your own. (5 min)
- Identify the primary challenge(s) you are trying solve with a two-gen perspective
- Review the list of 2-gen activities and partnerships and consider:
  - Which ones are a good fit for us?
  - Would we do them in-house or through working with partners?
- **USING POST-IT NOTES, ADD 2-GEN ACTIVITIES AND PARTNERSHIPS TO THE PROGRAM FLOW**

**Materials: Sample Program Flow; List of 2-gen activities and partnerships, Post-it notes, Markers**

# Wrap-Up Directions

- At your table, discuss 5 things you want to remember and take back home
- As a team write down on index cards the 3-5 things you want to take back home