

A Pequot, a Hawk and a Mission: A Story About Connection

Scott Barton

Director of Tribal Initiatives
Suicide Prevention Resource Center

A Pequot, a Hawk, and a Mission: **A Story About Connection**

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Scott Barton (Mashantucket Pequot/Mohawk)
SPRC Director of Tribal Initiatives

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About SPRC

The Suicide Prevention Resource Center (SPRC) advances effective suicide prevention nationwide through free consultation, training, and tools for community organizations and coalitions; workplaces; state and Tribal leaders; health/behavioral health systems; professionals and professional education programs; and national public and private partners. SPRC is supported through a grant from the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA).

SPRC Initiatives



SPRC Tribal Initiatives

Provides training and technical assistance to Tribal suicide prevention efforts and builds capacity for appropriate and relevant suicide prevention and crisis care for Tribal communities.



Overview



- Making the connection
- Building relationships
- Keeping Native culture centered in collaboration



The Pequot and the Hawk: Connection



How it Began

- A monthly advisory board meeting
- Instant connection





Relationship Building



First Steps

- Trust
- Understanding
- Education
- Respect

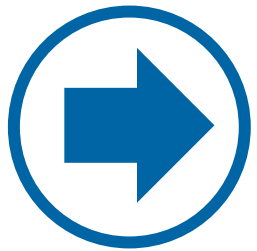


Essentials for Relationship Building



- Creating a safe space
- Active listening
- Cultural humility
- Respectful language
- Native leadership
- Actionable steps

Evolution of Collaboration



Emphasizing understanding and respecting Tribal sovereignty and the unique political status afforded to Tribal nations.

Recognizing the contributions Tribes have made in the state; ensuring they have community involvement that is genuine and representative.

Creating safe shared spaces that allow for open communication and connection.



Where We Are Today



Mission Complete



- Governor's Challenge
- Appointed to CTSAB
- Bi-monthly American Indian/Alaska Native (AI/AN) Meeting
- Data sharing
- Native voices represented



Questions?

Resources

Suicide Prevention in Health Care Settings:

<https://sprc.org/health-care/>

Preventing Suicide in Tribal Communities:

<https://sprc.org/tribal-resources>

Centering Lived Experience in Prevention Efforts:

<https://sprc.org/livedexperience/>

How to Get Started in My Community:

<https://sprc.org/community-suicide-prevention/>

Suicide Prevention Infrastructure for States
and Territories:

<https://sprc.org/state-infrastructure>

Choosing a Suicide Prevention Program:

<https://bpr.sprc.org>



Thank you!

Scott Barton
Sbarton@sprc.org



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