

## UCSF CME/CEU Information

**Course Name:** SCLC-NBHN SAMHSA Training: **Creating and Enhancing Tobacco-Free Facilities and Treatment Services**

**OCME Course Number:** MMJ21022A

**Course Date & length:** Thursday, August 6, 2020 – 1:00 – 6:00 pm EDT

**Course Location:** Online via Zoom – link information forthcoming

**Presenters:** **Christine Cheng**, Smoking Cessation Leadership Center, UCSF

**Bryce Kyburz, MA**, Austin Travis County Integral Care

**Chad Morris, PhD**, Behavioral Health & Wellness Program, University of Colorado, Anschutz Medical Campus

**James L. Pavlik, Jr. MA**, Behavioral Health & Wellness Program, University of Colorado, Anschutz Medical Campus

**Jason M. Satterfield, PhD**, University of California, San Francisco

**Catherine Saucedo**, Smoking Cessation Leadership Center, UCSF

**Taslim van Hattum, LCSW, MPH**, National Behavioral Health Network, National Council for Behavioral Health

**Francis Vitale, MA**, Pharmacy Partnership for Tobacco Cessation

**Aaron Williams, MA**, National Council for Behavioral Health

### Measurable learning objectives:

- Identify data on individuals with behavioral health conditions who use tobacco and health disparities experienced by this population
- Describe emerging trends in behavioral health and tobacco, including but not limited to, e-cigarettes, cannabis, diagnosis-based discussion, opioids and tobacco, and the use of peers
- Describe the 10 steps to becoming a tobacco-free facility
- Identify two strategies for integrating cessation services into your current treatment services
- Explain three benefits associated with incorporating/adapting tobacco cessation services within behavioral health care settings and dispel common misunderstandings
- Identify evidence-based cessation service models appropriate for behavioral health settings and key strategies to promote their implementation
- Define at least two of the behavioral techniques utilized in tobacco treatment
- Identify strategies for engaging clients in tobacco treatment services
- Explain two best practices and lessons learned in taking behavioral health facilities tobacco-free

- Describe and interpret two common considerations and challenges in implementing a tobacco-free organizational policy
- Describe two health disparities in tobacco use within special populations, such as veterans and individuals experiencing PTSD
- Explain two considerations and strategies to effectively deliver tobacco cessation services for these populations from a trauma-informed perspective using real-world examples
- Distinguish the relationship between alcohol and tobacco use from behavioral and biological perspectives
- Examine at least two of the benefits of concurrent alcohol use disorder treatment and tobacco cessation on long-term recovery
- Describe two best practices in clinical service delivery and organizational policy change, as well as key steps health departments and behavioral health programs can take to better address alcohol and tobacco concurrently
- Identify all nicotine replacement therapy and pharmacological supports
- Review all of the drug interactions between tobacco smoke and many common medications
- Describe two different tobacco cessation quitlines
- Identify three strategies for increasing quitline services provided, including but not limited to, service models in clinical settings, building organizational buy-in, and initiating and/or enhancing current cessation services

**Target audience:** The target audience will be behavioral health facilities' administrators, behavioral health providers, staff, integrated care facilities' administrators and staff, plus peer specialists, and their clients.

**Method of Participation/ Instruction for Obtaining Credit:**

The estimated time to complete this activity is 5 hours, which is equivalent to **4.75 credits**. Participants should login to Zoom (link forthcoming) at the beginning of the training, attend the full training, complete the post-test and evaluation form online to receive a certificate.

Your certificate will be available for print or download within 2 weeks of completion of the entire activity. You will receive an email with instructions.

**There is no fee to register for and claim CME credit. SCLC will be sponsoring the fees on behalf of the Substance Abuse and Mental Health Services Administration (SAMHSA).**

**Cancellations and Refunds:** Cancellations should be made in writing within 7 days of enrollment. Refunds will only be made in the event that technical difficulties prevent completion of the activity, or if no interaction with the material occurred because of inadvertent or mistaken enrollment, or expiration of the activity before the learner had the opportunity to complete it fully. Fees can be transferred to another activity in the case of mistaken enrollment.

**Special Needs or Other Concerns:** If you require any special accommodations for a disability which creates a hardship to participating in this activity, or you have questions or concerns about this course, please contact the [Office of CME](#). (Additional contact information is below.)

### **Accreditation Statements**

**ACCME:** The University of California, San Francisco (UCSF) School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **4.75 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the webinar activity.

**Advance Practice Registered Nurses and Registered Nurses:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

**Physician Assistants:** The National Commission on Certification of Physician Assistants (NCCPA) states that the *AMA PRA Category 1 Credit™* are acceptable for continuing medical education requirements for recertification.

**California Pharmacists:** The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA category 1 Credit™*. If you are a pharmacist in another state, you should check with your state board for approval of this credit.

**California Behavioral Science Professionals:** University of California, San Francisco School of Medicine (UCSF) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for behavioral health providers. UCSF maintains responsibility for this program/course and its content.

Course meets the qualifications for **4.75 hours** of continuing education credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences. Provider #64239.

**New! California Addiction Counselors:** The UCSF Office of Continuing Medical Education is accredited by the California Consortium of Addiction Professional and Programs (CCAPP) to provide continuing education credit for California Addiction Counselors. UCSF designates this live, virtual activity, for a maximum of **4.75 CCAPP credits**. Addiction counselors should claim only the credit commensurate with the extent of their participation in the activity. Provider number: 7-20-322-0722.

### **DISCLOSURES**

This UCSF CME activity was planned and developed to uphold academic standards to ensure balance, independence, objectivity, and scientific rigor; adhere to requirements to protect health information under the Health Insurance Portability and Accountability Act of 1996 (HIPAA); and include a mechanism

to inform learners when unapproved or unlabeled uses of therapeutic products or agents are discussed or referenced.

The following speakers, moderators and planning committee members have disclosed they have no financial interest/arrangement or affiliation with any commercial companies who have provided products or services relating to their presentation(s) or commercial support for this continuing medical education activity:

**Christine Cheng, Bryce Kyburz, MA, Dana Lange, BA, Jennifer Matekuare, BA, Chad Morris, PhD, Tamanna Patel, MPH, James L. Pavlik, Jr. MA, Jason Satterfield, PhD, Catherine Saucedo, Steven A. Schroeder, MD, Josh Shapiro, Taslim van Hattum, LCSW, MPH, Francis Vitale, MA, Aaron Williams, MA, and Keng-Chieh Wu, MPH**

### **Supplemental Material**

#### **Cultural and Linguistic Competency Resources**

[CLC Info and Resources](#)

#### **Office of CME Ethics Policy**

No instructor or facilitator is permitted to promote or advocate for a single modality of treatment that is discriminatory or likely to harm clients, based upon current, accepted standards of practice. All CAMFT-certified education must provide training on how to treat all clients in an ethically and clinically sound manner.

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